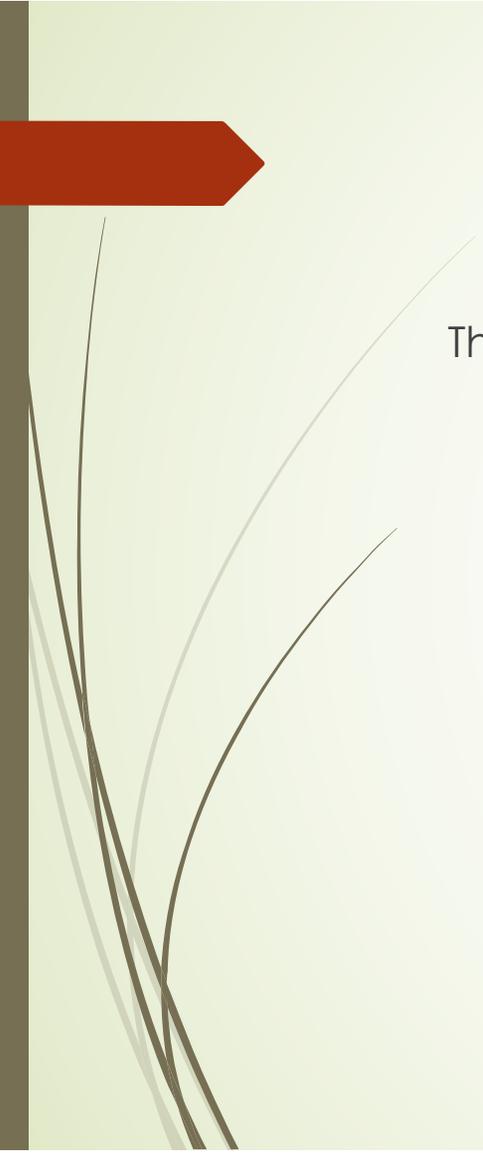


The Meaning of Covenant

***Information
and
Inspiration for
UUCA
Congregants***



Welcome.

This presentation is for UUCA members and friends who wish to:

- ▶ Deepen their understanding of Covenant and its place in Unitarian Universalism;
- ▶ Increase their awareness of what it means to be a **congregant** in a **covenantal faith community**; and
- ▶ Obtain information about UUCA's Healthy Relations Committee.



What do you
want to learn
about today?

Exploring

UUCA's Covenant

Our first activity is to read UUCA's Covenant of Healthy Relationships.

The purpose in doing so is to:

- Raise our awareness of the rationale for having a covenant,
- Reflect on the promises and commitments contained in it, and;
- Consider actions we, as individuals and as a community, can take to live more deeply into our Covenant.

UUCA's Covenant

- How would you describe the rationale for UUCA's Covenant?
- What promises and commitments in our Covenant are most meaningful to you?
- As individuals and as a congregation, what can we do to live more deeply into our Covenant?



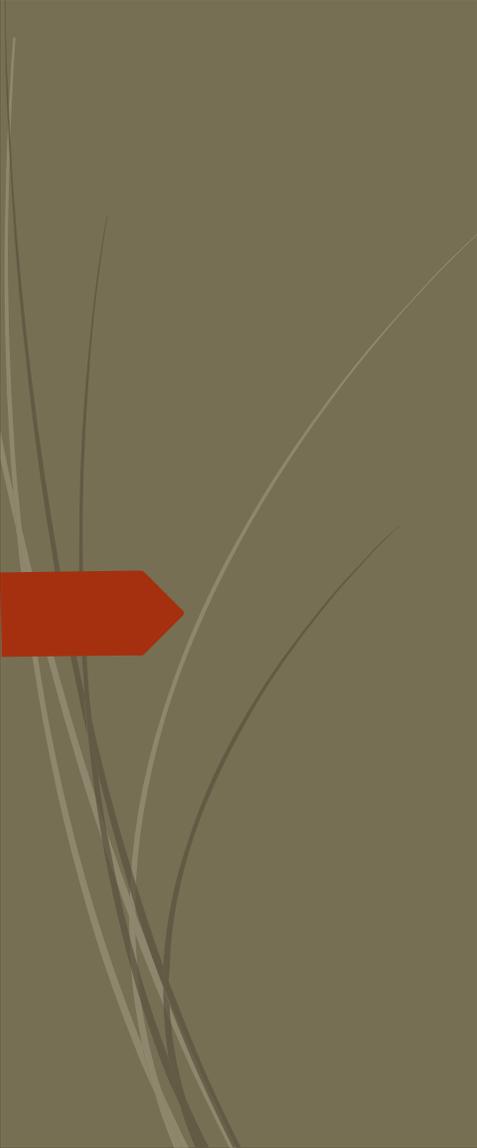


“What Do We Promise One Another”

The creating, breaking, and short sightedness of covenants has a long history in the evolution of faith communities.

The video “What Do We Promise One Another” explores why early UU communities in the US adopted covenants and the short-comings of those covenants.

After watching the video, we’ll reflect on the relevance of covenant for members/friends of contemporary UU communities, like UUCA.



Promises to Each Other

- What facts about the history of covenant in UUism were new to you?
- How would you answer the questions: “**What is a covenant?**”
- What are your thoughts on the relevance of covenant for cotemporary UU's?

**“Community
of
Covenant”**

**What Does
It Mean?**

**UU Minister Rev. Gretchen Haley ask
us to consider the question,
“What Does It Mean To Be A
Community of Covenant?”**

**It will take you about 5 minutes to
read how Rev. Haley answers this
question. Please do so now.**



What Does It Mean To Be A Community of Covenant?

- What insight or perspective does this question bring to your awareness?
- Is UUCA a Community of Covenant?
- Many congregations recite these lines for their chalice lighting: ***“This is our great covenant: to dwell together in peace, to seek the truth in love, and to help one another.”*** How might you adapt this to your own relationship with yourself and with fellow UUCA congregants? Perhaps you might finish this sentence: ***‘This is my great covenant...’***.



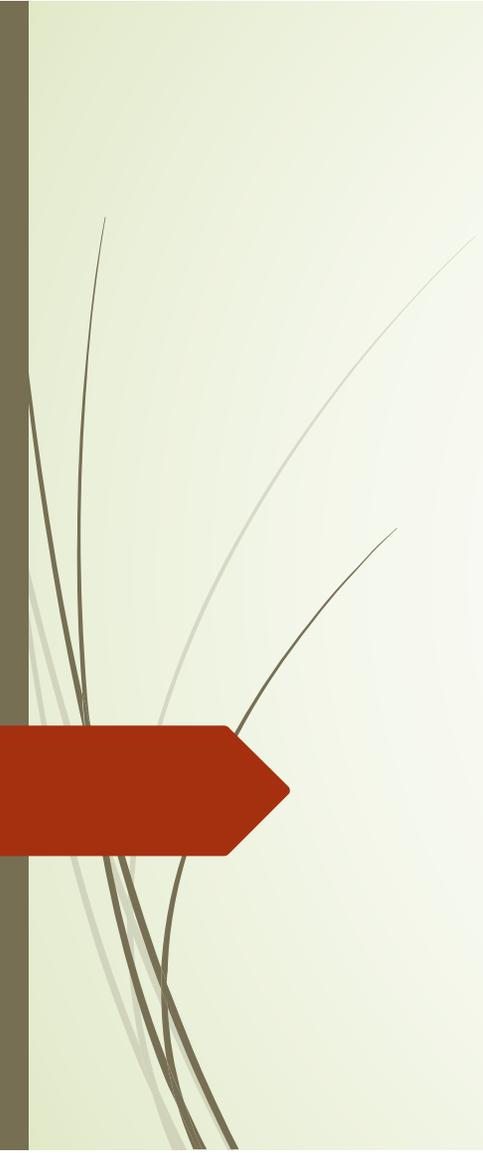
“What does UUCA’s Healthy Relations Committee Do?”

That's a great question.

We offer classes and self-study resources related to UUCA's Covenant. As the need may arise, we facilitate conversations for willing congregants who are experiencing difficulties related to their involvement at UUCA.

Let us know at healthyrelations@uUCA.org if you'd like to receive a link to the UUCA's Healthy Relations Committee (HRC) Information Page. There you can find more information about living in covenant; how to contact HRC members; and on-line and other resources that promote healthy relationships within our community.

What questions do you have right now about the HRC?



Thank you for participating!

- Please complete your evaluation form.
- You can contact the HRC at:
healthyrelations@uuca.org